



S·H·O·R·E·L·I·N·E
FRONTRUNNERS
O·F·L·O·N·G·B·E·A·C·H

Membership Application

PO Box 90774 Long Beach CA 90809-0774 562-252-0218

Shoreline Frontrunners of Long Beach membership is open to all persons without regard to race, color, gender, status, or sexual orientation. Annual dues are \$20.00 for individuals, \$35.00 for household memberships (two persons with the same address). Please complete the following application, sign the waiver, and send with your check to Shoreline Frontrunners of Long Beach at the above address. Dues can also be remitted online from our website www.shorelinefrontrunners.org. For more information, we can be reached at our hotline 562-252-0218 or by email at info@shorelinefrontrunners.org.

Individual membership: \$20/year

Household membership: \$35/year

Name: _____

Name: _____

Home Phone: (____) _____

Home Phone: (____) _____

Work Phone: (____) _____

Work Phone: (____) _____

Mobile Phone: (____) _____

Mobile Phone: (____) _____

Email: _____

Email: _____

Birthdate: _____

Birthdate: _____

Gender: Male Female

Gender: Male Female

Do you want to be listed
in the members directory: Yes No

Do you want to be listed
in the members directory: Yes No

Address: _____

City: _____ State: _____ Zip Code: _____

LIABILITY WAIVER

I acknowledge that training for and/or participating in a running/walking event, duathlon, triathlon, or other multi-sport event can be an extreme test of a person's physical and mental limits, is potentially hazardous, and carries with it the potential for injury or property loss. I hereby assume the risks of participating in all activities organized by Shoreline Frontrunners of Long Beach or its members. I certify that I am physically fit and have not been advised otherwise by a qualified medical person. I affirm that I have read this document and understand its contents. In consideration for your acceptance of this application to become a member of Shoreline Frontrunners of Long Beach, a) I for myself and for anyone entitled to act on my behalf, waive, release, and discharge Shoreline Frontunners of Long Beach, its members, sponsors, officers, representatives and coaches, the City of Long Beach, and the Road Runners Club of America from all claims or liabilities of any kind arising out of my participation in or traveling to and from an organized Shoreline Frontrunners of Long Beach activity; b) I agree not to sue any of the persons or entities mentioned above for any of the claims or liabilities that I have waived; and c) I indemnify and hold harmless the persons or entities mentioned above from any claims made or liabilities assessed against them as a result of my actions during an organized Shoreline Frontrunners of Long Beach activity, even though that liability may arise out of negligence or carelessness on the part of

signature: _____

date: _____

signature: _____

date: _____